

Smoking as a Risk Factor of Invasive Fungal Disease: Systematic Review and Meta-Analysis

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To investigate the association between smoking and invasive fungal disease (IFD), we searched MEDLINE and Web of Science for studies published until September 2018. Two authors independently performed study selection and data extraction. Relative risks (RRs) were pooled using random-effects meta-analysis. We included 25 studies (18 171 participants; 2527 IFD cases). The meta-analysis showed an increased risk of IFD in smokers (RR 1.41 [95% confidence interval 1.09–1.81]; P = .008). The risk of IFD was higher in retrospective than in prospective studies (RR 1.93 [1.28–2.92] vs. 1.02 [0.78–1.34]; P = .04), in studies with multivariate adjustment compared to studies with univariate analysis (RR 2.15 [1.27–3.64] vs. 1.15 [0.88–1.51]; P = .06), and in studies published after 2002 (RR 2.08 [1.37–3.15] vs. 0.95 [0.75–1.22]; P = .008); other subgroup characteristics did not significantly influence the association in metaregression. Smoking cessation strategies should be implemented, especially in patients who are already at risk for IFD. **Keywords.** invasive fungal disease; smoking; tobacco; systematic review; meta-analysis.

Invasive fungal disease (IFD) is a major cause of morbidity and mortality in immunocompromised hosts. The overall incidence of IFD was 27.2/100 000 patients per year in a large US health care network between 2006 and 2015, with a mean annual increase of 0.24/100 000 patients [1]. In France, the overall incidence of IFD was 5.9/100 000 population per year in the national hospital discharge database (2001–2010) [2]. Among IFDs, invasive candidiasis is the most frequent one, followed by aspergillosis and *Pneumocystis* pneumonia [1, 2]. Mortality rates, depending on the pathogen and underlying patient condition, remain as high as 25–50% [1, 2]. The main risk factors for IFD include hematological malignancies, prolonged neutropenia, human immunodeficiency virus (HIV) infection, primary immunodeficiencies, diabetes mellitus, chronic kidney disease, and corticosteroid treatment. Influenza infection and severe burns recently emerged as new risk factors for IFD [3, 4]. The general population may be at risk for IFD as well, as a result of specific environmental exposures, such as climate and agricultural profession, and lifestyle habits, such as smoking [5].

Several studies have assessed the association between smoking and infection. Smoking increases the risk of bacterial

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pneumonia and meningitis [6, 7] and second-hand smoke exposure is associated with increased risk of childhood invasive meningococcal disease [8]. Smoking is also associated with higher rates of oral candidiasis [9, 10] and has been reported as a risk factor of cryptococcal meningitis [11]. Smokers' alveolar macrophages have a reduced ability for phagocytosis and pathogen killing, are functionally impaired, and produce significantly lower levels of pro-inflammatory cytokines, compared to those of nonsmokers [12]. It was also demonstrated that tobacco and marijuana are heavily contaminated with fungal spores [13, 14]. Furthermore, the use of medicinal cannabis has increased in the past decade, following Food and Drug Administration (FDA) approval for its use in people living with HIV or cancer [15], who are already at high risk of IFD. Prevalence of tobacco smoking is higher among people living with HIV compared with the general population [16].

So far, several studies have assessed the association between smoking and IFD in specific patient populations, but a systematic review with meta-analysis is lacking. The aim of this systematic review was to determine whether smokers are at increased risk of IFD.

MATERIALS AND METHODS

The study protocol was registered with PROSPERO (CRD42018102724). We followed methodological guidance for conducting systematic reviews from the Centre for Reviews and Dissemination and the Cochrane Collaboration [17, 18]. We followed MOOSE and PRISMA for reporting [19, 20].

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Eligibility Criteria

We included prospective and retrospective case-control and cohort studies that investigated the association between smoking and any IFD. We excluded case reports, case series without a comparative group, and cross-sectional studies.

Our target condition of interest was IFD, which included the following: (i) invasive aspergillosis or infection by other pathogenic molds (ie, Mucorales, Fusarium spp. or Scedosporium/ Lomentospora spp.), defined according to EORTC/MSG 2008 criteria (proven or probable fungal disease) [21], or invasive aspergillosis in people living with HIV [22] or in diabetic patients (that met clinical and mycological criteria without host factors); (ii) invasive candidiasis (according to EORTC/MSG 2008 criteria or in critically ill patients); (iii) cryptococcal disease, defined as positive India ink preparation or culture of Cryptococcus neoformans or Cryptococcus gattii from any body site, detection of cryptococcal antigen in cerebrospinal fluid, or histopathological findings consistent with cryptococcosis; and cryptococcosis infection defined by an isolated positive cryptococcal antigen in blood; (iv) Pneumocystis jirovecii pneumonia (PJP), defined as detection of P. jirovecii on microscopic examination, immunofluorescence assay, or a positive polymerase chain reaction (PCR) result on samples of sputum or bronchoalveolar lavage fluid, consistent with clinical and radiological findings in a patient at risk for PJP; and (v) invasive fungal infections caused by dimorphic endemic pathogens (ie, coccidioidomycosis, paracoccidioidomycosis, blastomycosis, talaromycosis [or penicilliosis], sporotrichosis, and histoplasmosis).

We included studies that assessed the association between any kind of tobacco (eg, cigarette, pipe, cigar), cannabis (marijuana, hashish), crack cocaine, or opium smoking exposure and IFD. Timing of exposure was defined as current smokers or ever smokers (including current smokers and former smokers). In the case of studies defining the smoking group without mentioning whether the group included former smokers, we considered this group as current smokers in the analysis (ie, we considered former- and never-smoker patients combined as nonsmokers).

Studies were excluded if it was not possible to extract any measure of association (risk ratio [RR], hazard ratio [HR], or odds ratio [OR]) with its confidence interval [CI] or variance, and if it was not possible to recalculate any association measure based on raw data available in the study report. In the case of unclear or missing information, we attempted to contact study authors to obtain additional data.

In cases where overlap between studies was suspected, we avoided duplicate inclusion of data by selecting only the most complete report from each cohort.

Literature Searches and Study Selection

We searched MEDLINE (via PubMed) and Web of Science from inception onward using the strategy described in S1 Appendix.

Articles that cited included studies were identified through PubMed and Google Scholar and assessed for inclusion. We also hand-searched the references of included articles. We included published and unpublished (eg, conference abstracts) studies without language restriction. Two review authors (A.P. and B.L.R.) independently conducted study selection. First, they excluded studies that were not related to IFD or smoking based on the titles and abstracts. Then they retrieved the full texts of relevant articles and evaluated them for inclusion.

Data Extraction

For each included study, the following data were extracted using a pro forma: (i) first author's last name, publication year, published/unpublished status, country, study period; (ii) study characteristics: study design, clinical setting, IFD case definition, inclusion criteria; (iii) exposure: definition of smoking timing (current, former, or never smoker), type of smoked product (tobacco, marijuana, crack cocaine, or opium); (iv) total number of participants, participant characteristics (mean or median age, sex (% males), comorbidities); (v) outcome: number of IFD cases; (vi) association between smoking and IFD: measure and strength of association (frequency of IFD in smokers vs nonsmokers, reported univariate and multivariate RR, HR, or OR with 95% CI and/or variance); (vii) assessment of confounding factors; (viii) blinding in outcome measurement, and (ix) data needed to assess study quality. Two review authors (A.P. and B.L.R.) independently conducted data extraction; one review author (J.F.C.) was solicited in case of disagreement.

Quality Assessment

We assessed risk of bias using a quality assessment tool based on the Joanna Briggs Institute checklist for cohort and casecontrol studies [23]. The main components of risk of bias were: selection of study participants and comparability of the groups, measurement of the exposure and outcomes, and identification and strategies to deal with confounding factors (S2 Appendix). For each study, the overall risk of bias was judged as high, low, or unclear, based on a simple combination of the main components of risk of bias (S2 Appendix).

Data Synthesis and Statistical Analysis

The RRs were used as the common measure of association across studies. HRs were considered as RRs. ORs were transformed into RRs using the formula $RR = OR/[(1 - P_o) + (P_o \ x \ OR)]$, in which P_o is the incidence of IFD in the nonsmoking group [24]. In cases where it was not possible to extract association measures from the report, we recalculated the OR and its variance using standard methods (S3 Appendix). Meta-analysis was performed using DerSimonian and Laird procedures for random-effects models. We pooled RR after logarithmic transformation. Forest plots were used to visually assess the RR estimates and

corresponding 95% CIs across studies. Heterogeneity was visualized through forest plots and statistically assessed by calculating the I^2 statistic.

Analyses were stratified by type of IFD (invasive mold diseases including invasive aspergillosis, cryptococcosis, PJP, dimorphic fungi, other), type of population (HIV/AIDS, hematologic malignancies, other), type of smoked product (tobacco, other) and timing of smoking exposure (current smokers, ever smokers), and study characteristics and epoch (published before vs after year 2002, which corresponds to first EORTC/MSG consensus criteria for IFD). Metaregression was performed to assess the effect of study-level variables on the association between smoking and IFD risk.

Publication bias was assessed through the visual inspection of funnel plots and by Egger test. Egger test detects funnel plot asymmetry by determining whether the intercept is significantly different from zero in a regression of the RR estimates against their standard error on a logarithmic scale. Sensitivity analysis was performed by repeating the meta-analysis on studies judged at low overall risk of bias. *P* values <.05 were regarded as significant, except in metaregression where a .10 cutoff was used. Statistical analysis involved the use of the *metan*, *metareg*, and *metabias* commands in Stata/SE version 15 (Stata Corp, College Station, TX, USA).

RESULTS

Literature Search

The literature search conducted on September 8, 2018, retrieved 1837 articles. Duplicates were removed, leaving 1697 potentially relevant articles. Of these, 1551 citations were excluded after screening based on titles, and 106 citations were excluded based on abstracts, leaving 40 articles for full-text assessment (Figure 1). Complementary searches identified ten additional references, for a total of 50 articles for full-text review. On full-text evaluation, 25 articles were excluded (S4 Appendix), leaving 25 studies for final inclusion in the systematic review and meta-analysis [11, 25–48].

Characteristics of Included Studies

The characteristics and main results of the included studies are shown in Tables 1 and 2. All but 1 study assessed tobacco smoking exposure, 2 assessed marijuana exposure in addition to tobacco of which one also assessed opium exposure, and 1 study assessed crack cocaine exposure. Sixteen studies compared current smokers to others, including former and never smokers; 3 studies compared ever smokers to never smokers. One study compared heavy smokers to others; this last study was considered as comparing current smokers to others. Five studies did not explicitly report the criteria used to define smokers; they were considered as current smokers in the analysis. Thirteen studies included people living with HIV, 7



Figure 1. Flow of studies through the review. Abbreviation: IFD, invasive fungal disease.

included patients with hematological malignancies, and 5 included other populations.

The median number of participants per study was 240 (range 42–3455), for a total of 18 171 participants. The percentage of tobacco smokers ranged from 9% to 81%. Two studies reported the percentage of cannabis smokers (3% and 26%); 1 study reported the percentage of crack cocaine smokers (3%); 1 study reported the percentage of opium smokers (8%). The median number of IFD cases per study was 70 (range 8 to 538), for a total of 2527.

Quality assessment was impeded by poor reporting; judgment was difficult and items often scored as "unclear" (S5 Appendix). Twelve studies reported strategies to deal with confounding factors; only 9 studies reported adjusted risk measures for predefined confounders. Blinding to ascertain outcome was not explicitly reported in 22 of the included studies. Fourteen studies were judged at low overall risk of bias.

Risk of IFD for Smokers Compared With Nonsmokers

One study assessing 2 types of smoking exposure (tobacco and marijuana) and 2 types of IFD (mold and yeast diseases) was subdivided into 4 substudies [26]. Two studies assessing 2 types of IFD (PJP and histoplasmosis for one, PJP and cryptococcosis for the other) were subdivided into 2 substudies [27, 35]. One study assessing 3 types of smoking exposure (tobacco, marijuana, and opium) was subdivided into 3 substudies [28]. Thus, we included 32 study cohorts in the meta-analysis. Across study cohorts, RR varied from 0.29 to 9.11; 21 studies pointed to an increased risk of IFD in smokers (RR > 1). In

Studies
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Table 1.

Blinding	No	0 Z	No	No	Yes	No	No	No	No	No	°Z	°Z	No	No	°N N
Exposure Type	Tobacco	Tobacco	Tobacco	Tobacco	Tobacco, marijuana, opium	Tobacco	Tobacco	Tobacco	Tobacco	Tobacco	Tobacco	Tobacco	Tobacco	Tobacco	Tobacco
Inclusion Criteria	Patients in whom Aspergillus was isolated from sputum samples or the respiratory tract	B. dermatitidis infection, neighborhood controls (3:1) matched for sex, eth- nicity, and age	People with HIV	People with HIV among a cohort of homosexual and bisexual men	T. marneffei infection in people with HIV, AIDS controls (2:1) without T. marneffei infection	Cryptococcosis in people with HIV and CD4 cell count <100/mm ³ , HIV con- trols (4:1) with CD4 cell count <100/ mm ³	People with HIV among a cohort of homosexual men	Cryptococcosis in people with HIV, HIV controls (3:1) matched for CD4 cell count	Ambulatory people with HIV	Coccidioidomycosis patients ≥60 years, geographic matched controls ^a (1:1) ≥60 years	Coccidioidomycosis in people with HIV, HIV controls (3:1) matched by county, sex, age, clinical status of HIV infec- tion, and CD4 cell count	Patients with chronic paracoccidioidomycosis (HIV excluded), controls without paracoccidioidomycosis matched for sex and selected from the same area	PJP in people with HIV, HIV controls matched for age, sex, ethnicity, socio- economic level, and HIV status	Adult people with HIV	Cryptococcosis in people with HIV HIV controls (1:1) matched for age, sex, race, and date of AIDS diagnosis
IFD Case Definition	Invasive pulmonary aspergillosis (open lung biopsy or postmortem examination)	Blastomyces dermatitidis infection (B. dermatitidis isolated from a culture specimen or identified in a tissue spec- imen)	PJP and cryptococcosis	PJP	Talaromyces marmeffe/infection (isolation from blood, skin biopsy specimen, or other clinical specimens on Sabouraud dextrose agar)	Cryptococcosis	PJP	Cryptococcosis (isolation of <i>C. neoformans</i> from a normally sterile site)	PJP	Acute symptomatic coccidioidomycosis: clinically compatible illness and laboratory criteria (culture, histopathology, serology, skin-test conversion)	Coccidioidomycosis (symptomatic and laboratory-confirmed)	Chronic paracoccidioidomycosis: pathogen- positive histopathology, skin test or expectoration	۹	PJP proven (<i>P. jirovecii</i> isolated in sputum with respiratory symptoms) or presumed	Cryptococcosis (direct microscopy of CSF or biopsy material, culture or positive antigen test)
Clinical Setting	University hospital	Population-based surveillance	Outpatient	Outpatient	University hospital	University hospital	Outpatient	Acute-care hospital	Clinics	Not reported	Population-based surveillance	University hos- pital	Outpatient	University hospital	University hospital
Study Design	Prospective Cohort Multicentric	Retrospective Case- control Multicentric	Prospective Cohort Multicentric	Retrospective Cohort Multicentric	Prospective Case-control Monocentric	Retrospective Case- control Monocentric	Prospective Cohort Multicentric	Retrospective Case- control Monocentric	Prospective Cohort Multicentric	Retrospective Case-control	Retrospective Case-control Multicentric	Retrospective Case-control Monocentric	Retrospective Case-control Monocentric	Prospective Case-control Monocentric	Retrospective Case- control Monocentric
Study Period	1979–1982	1976–1985	1990–1993	1988–1992	1993–1995	1988–1995	1984–1993	1992–1994	1992–1995	1996–1997	1995–1997	1999–2000	1998–2000	2001–2002	1981–2000
Country	NSA	NSA	NSA	NSA	Thailand	NSA	NSA	NSA	NSA	NSA	NSA	Brazil	NSA	NSA	USA
Publication Status	Published	Published	Published	Published	Published	Published	Published	Published	Published	Published	Published	Published	Published	Published	Published
Study	Yu 1986 [33].	Lowry 1989 [34].	Burns 1996 [35].	Conley 1996 [36].	Chariyalertsak 1997 [28].	Olson 1997 [37].	Galai 1997 [38].	Hajjeh 1999 [11].	Moorman 1999 [<mark>39</mark>].	Leake 2000 [31].	Woods 2000 [40].	Dos Santos 2003 [46].	Miguez-Burbano 2003 [47].	Miguez-Burbano 2005 [48].	Friedman 2006 [30].

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Table 1.

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Exposure T _}	Crack cocair	Tobacco	Tobacco	Tobacco	Tobacco	Tobacco, ma juana	Tobacco	Торассо	Tobacco He smokers (>20 pacl years)	Tobacco	iroup and the Na <i>vrecii</i> pneumonia
Inclusion Criteria	People with HIV	AML patients treated with cytarabine- based induction chemotherapy	Patients treated for hematological malig- nancies or underwent SOT	Allo-HCT recipients who were diagnosed with pneumonia (fungal or nonfungal) in the posttransplant period	Consecutive hospital admissions of pa- tients with hematological malignancies	AML patients who received their first course of conventional intensive che- motherapy	Patients with AML or MDS undergoing induction chemotherapy	Confirmed PJP in people with HIV, HIV controls who underwent bronchos- copy with BAL for suspected PJP (PJP ruled out)	Patients who received myeloablative allo-HCT	Patients with cryptococcal infection, controls (2:1) selected from the same hospital without cryptococcal infection matched for age, sex, and specimen collection date	ancer/Invasive Fungal Infections Cooperative G d: MDS, mvelodvsplasia: PJP <i>Pneumocvstis ili</i> r
IFD Case Definition	 Disseminated histoplasmosis, pneumocystosis, cryptococcal meningitis 	Proven/probable IFD (modified EORTC/MSG 2008 ^b)	Invasive mold disease (EORTC/MSG 2008)	Proven/probable invasive fungal pneumonia (EORTC/MSG 2008)	Proven/probable invasive mold disease (EORTC/MSG 2008)	Proven/probable invasive mold or yeast disease (EORTC/MSG 2008)	Proven/probable invasive fusariosis (EORTC/ MSG 2008)	Laboratory confirmed PJP by modified Giemsa staining of BAL fluid	Proven/probable IFD (EORTC/MSG 2008)	<i>Cryptococcus</i> infection: positive culture or positive serum cryptococcal antigen from any specimen (pleural, CSF, blood, synovial, bronchoalveolar lavage, peritoneal fluid and tissue)	bean Organization for Research and Treatment of C virus: IFD invasive fundal disease: NB, not reporte
Clinical Setting	General hospitals	Clinic	University hospital	University hospital	University hospital	Tertiary care hospital	Tertiary care hospital	General hospital	Clinic	University hospital	EORTC/MSG, Europe
Study Design	Retrospective Cohort Multicentric	Retrospective Cohort Monocentric	Prospective Cohort Monocentric	Retrospective Case- control Monocentric	Retrospective Cohort Monocentric	Prospective Cohort Multicentric	Prospective Case-control Multicentric	Prospective Cohort Monocentric	Retrospective Cohort Monocentric	Retrospective Case- control Monocentric	/age; CSF, cerebrospinal fluid; ietic cell transplant: HIV huma
Study Period	1996–2007	1994–2009	NR	20042010	2005-2012	2010-2012	2007–2009	2008–2011	2004-2010	2000-2017	pronchoalveolar lav
Country	French Guiana	NSA	Austria	Turkey	Italy	Italy	Brazil	USA	NSA	USA	ukemia; BAL, k ses Studv Grou
Publication Status	Published	Conference abstract	Published	Published	Published	Published	Published	Published	Published	Published	acute myeloid let Diseases Mycos
Study	Nacher 2009 [27].	Mukherjee 2011 [32].	Blum 2012 [41].	Sivgin 2013 [42].	Stanzani 2013 [43].	Caira 2015 [26].	Garnica 2015 [44].	Blount 2017 [45].	Mehdi 2017 [25].	Kashef Hamadani 2018 [29].	Abbreviations: AML, a Allergy and Infectious

transplantation.

^aIn this study, 2 control groups were selected (geographic controls and laboratory-negative controls). We arbitrarily considered geographic controls only.

^bModified EORTC/MSG 2008: Proven cases required confirmation of a fungal pathogen; probable IFD cases were defined using the modified criteria as immunocompromised host with clinically compatible illness including typical radiologic signs but without any definite proof of fungal pathogen (ie, host factor and clinical criteria, without mycological criteria).

Association Between FD (OR, HR, or RR with 35% CI) ^b	Multivariate	Not reported $(P < .05)$	Not reported	Not reported	Not reported	Not reported	Not reported	1.03 (.81–1.3)	1.9 (1.1–3.3)	Not reported	3.7 (1.4–9.6)	Not reported	Not reported	1.56 (<i>P</i> = .02)) 3.5 (<i>P</i> = .000)	0.69 (.13–3.78)	Histoplasmosis: 5.4 (3–9.7) PJP: 5 (1.5–16.4)
Published As Smoking and IFI 96	Univariate	Not reported	2 (.6–6.5)	Not reported	0.6 (.3–1.19)	Cigarettes: 0.74 (.4–1.38) Marijuana: 1.46 (.77–2.76) Opium: 1.51 (.53–4.26)	3.83 (1.1–14.2)	Not reported	1.8 (1.1–2.8)	0.9 (.54–1.49)	2.4 (1.3–4.5)	1.0 (.6–1.7)	14.5 (5.6 – 37.7)	∞ (<i>P</i> = .001)	2.55 (1.27–4.77)	0.57 (.24–1.32)	Not reported
Published	Measure of Association	OR	OR	Ψ	RR	OR	OR	HH	OR	뛰	OR	OR	OR	RR	OR	OR	Η
	Confounding Risk Factors in Multivariate Analysis	Neutropenia, immunosuppression, COPD, fever, and prior antibiotic usage	Not reported	CD4 count, age, gender, ethnicity, HIV risk behavior, prior opportunistic events, Karnofsky score, alcohol and drugs, ARV, PJP prophylaxis	Not reported	Not reported	Not reported	CD4 count, HIV-related medications	Fluconazole in the last 3 months, Out- door building or landscaping	Not reported	Duration of Arizona residence, age, sex, income category, congestive heart failure, chronic lung disease, cancer, and corticosteroid use	Not reported	Not reported	Antiretroviral therapy	Antiretroviral therapy, and viral load	CD4 cell count, race	CD4 and CD8 counts, HAART, sex, na- tionality, and age
IFD incidence by Smoking Status, No./Total (%)	Nonsmokers	12/22 (54.5)	14/64 (21.9)	PJP: 206/1378 (14.9) Cryptococcosis: 31/1378 (2.2)	24/126 (19)	Cigarettes: 27/71 (38) Marijuana: 55/177 (31.1) Opium: 72/221 (32.6)	6/52 (11.5)	354/1526 (23.2)	94/421 (22.3)	Not reported	25/68 (36.8)	50/200 (25)	5/100 (5)	0/8 (0)	12/192 (6.3) °	57/109 (52.3)	Incidence rate per 100 person-years: Histoplas- mosis 3.2 PJP 1.5
	Smokers	8/50 (16)	8/22 (36.4)	PJP: 181/1843 (9.8) Cryptococcosis: 16/1843 (0.8)	12/106 (11.3)	Cigarettes: 53/169 (31.4) Marijuana: 25/63 (39.7) Opium: 8/19 (42.1)	11/33 (33.3)	184/973 (18.9)	64/160 (40.0)	Not reported	64/112 (57.1)	47/170 (276)	65/150 (43.3)	15/34 (44.1)	53/328 (16.2) °	16/37 (43.2)	Incidence rate per 100 person-years: Histoplasmosis 275 P ID 5 5
	No. of IFD Cases	20	22	PJP: 387 Cryptococcosis: 47	36	8	17	538	158	80	68	67	70	15	65	73 (65 meningitis, 6 pneumonia, 1 in blood, 1 in stool)	Disseminated histoplasmosis: 14 PJP: 94
	Participant Characteristics	Mean age: 57 years Neutropenia/Jeukemia: 24% Solid tumor/lymphoma: 29% Cortico- steroid therapy: 43%	Not reported	Mean age: 37 years Male: 83% Mean CD4 cell count: 295/mm ³ Current smokers: 57%	Median age: 37 years Male: 100% Current smokers: 46%	Male: 83% CD4 cell count <50/ mm ³ : 55% CD4 cell count >100/ mm ³ : 8%	CD4 cell count <100/mm ³	Male: 100% Current smokers: 39%	Age: 495 participants 20-44 years (85%) Male: 91% CD4 cell count <100/mm ³ : 521 (90%)	Age <36 years: 42% Male: 87% Current smokers: 39%	Median age: 74 years Male: 56%	Median age: 38 years Male: 85% Median CD4 cell count: 54/mm ³	Mean age: 55 years Male: 98%	Male: 80% Median CD4 cell count: 358/mm3	Mean age: 43 years Male: 58% Mean CD4 cell count: 172/mm ³	Mean age: cases 46.3 years, con- trols 45.8 years	76 crack cocaine users (3.3%)
	No. of Participants ^a	72	86	3221	232	240	85	2499	581	1459	180	446	250	42	520	146	2275
	Study	Yu 1986 [33].	Lowry 1989 [34].	Burns 1996 [35].	Conley 1996 [36].	Chariyalertsak 1997 [28].	Olson 1997 [37].	Galai 1997 [38].	Hajjeh 1999 [11].	Moorman 1999 <mark>[39</mark>].	Leake 2000 [31].	Woods 2000 [40].	Dos Santos 2003 [46].	Miguez-Burbano 2003 [47].	Miguez-Burbano 2005 [48].	Friedman 2006 [30].	Nacher 2009 [27].

Table 2. Main Results of Included Studies

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on Between HR, or RR with ^b	Multivariate	12.26 (5.28–28.46)	Not reported	Not reported	Not reported	Not reported ("NS")	Not reported	Not reported	Not reported	0.46 (.14–1.45)	ic cell transplant; relative risk: SOT.
Published Associati Smoking and IFD (OR, 95% CI)	Univariate	Not reported	Not reported $(P = .310)$	Not reported $(P = .665)$	Not reported	Not reported Cigarettes and mold: P = .02 Cigarettes and yeast: $P = .57$ Marijuana and mold: P = .66 Marijuana and yeast: $P = .67$	9.11 (2.04-40.71)	Not reported $(P = .69)$	2.54 (.98–6.58)	Not reported (P = .75)	erapy; HCT, hematopoiet ing to ECOG scale: RR.
Published	Measure of Association	RO	Not reported	OR	Not reported	Ю	НR	OR	HR	OR	tiretroviral the status accord
	Confounding Risk Factors in Multivariate Analysis	Age, gender, WBC at diagnosis, AML eth- ology or classification, cytogenetics, BMT, day from diagnosis to induction, and achievement of complete re- mission	No	Not reported	Not reported	PS, house renovation, high exposure job, higher body weight, COPD, days of neutropenia, esophagitis, central venous catheter, posaconazole pro- phylaxis	Not reported	Not reported	Not reported	Headaches, respiratory symptoms, hyponatremia, lung disease, attered mental status, corticosteroids, di- abetes mellitus, hypertension, and peripheral monocytosis	pulmonary disease; HAART, highly active ar
king Status, No./Total (%)	Nonsmokers	30/424 (71)	13/190 (6.8)	19/39 (48.7)	81/2461 (3.3)	Cigarette nonsmoker: mold infection 30/516 (6.8) (2.9) Marijuana nonsmoker: mold infection 53/723 (7.3) veast infection 22/723 (3.0)	4/183 (2.2)	26/43 (60.5)	Not reported	44/129 (34.1)	I; COPD, chronic obstructive OB. odds ratio: P.IP Pneumo
IFD incidence by Smo	Smokers	67/180 (37.2)	5/44 (11.4)	16/34 (47.1)	33/994 (3.3)	igarettes smoker: mold infection 24/228 (10.5) yeast infection 8/228 (3.5) larijuana smoker: mold infection 1/21 (4.8) yeast infection 1/21 (4.8)	4/29 (13.8)	19/34 (55.9)	Not reported	11/38 (28.9)	t; Cl, confidence interva sia: NS, not significant:
	- No. of IFD Cases	97	8	35	114	77 IFD (54 mold and C 23 yeast infections) M	œ	47	47	55	. bone marrow transplan ease: MDS. mvelodvspla
	Participant Characteristics	Mean age: E8 years Male: 55% Current smokers: 24% Past smokers: 18% Marijuana users: 3%	Mean age: 49.4 years Male: 62.4% Hematological malignancies: 49.6% SOT recipients: 50.4%	Male: 56% AML: 47%	Median age: 52 years Male: 60% AML/MDS: 31% Lymphoma: 30%	Median age: 58 years Male: 49%	Not reported	Median age: 46 years Male: 89% Median CD4 cell count: 51/mm ³	Antifungal prophylaxis: 100% Current smokers: 9% Former smokers: 21%	Mean age: 55 years Male: 80% HIV patients: 38%	ukemia; ART, antiretroviral therapy; BMT, HR. hazard ratio: IFD. invasive fungal dise
	No. of Participants ^a	604	234	73	3455	744	212	81	267	167	ute myeloid leu iciencv virus: F
	Study	Mukherjee 2011 [32].	Blum 2012 [4 1].	Sivgin 2013 [42].	Stanzani 2013 [43].	Caira 2015 [26].	Garnica 2015 [44].	Blount 2017 [45].	Mehdi 2017 [25].	Kashef Hamadani 2018 [<mark>29</mark>].	Abbreviations: AML, act HIV: human immunodefi

solid organ transplant; WBC, white blood cell count.

^aThe number of participants per study corresponds of the number of people for whom smoking status is reported.

^bIn case of discrepancy in the study, we considered the most conservative value of association (ie, the weakest measure of association).

^cAdditional unpublished data provided by Dr. Miguez-Burbano.

meta-analysis, smokers had an increased risk of IFD compared with nonsmokers, with a pooled RR of 1.41 (95% CI 1.09–1.81; P = .008) (Figure 2). There was evidence of statistical heterogeneity of RRs across studies (I^2 81%, P < .001).

Stratified Analysis With Metaregression

The results of stratified analysis with metaregression are presented in Table 3, Figures 3, 4 and S6 Appendix. The pooled RR for the association between smoking and IFD seemed higher for dimorphic fungi (8 study cohorts, pooled RR 1.90 [1.11– 3.24], P = .02, Figure 3), in patients with hematologic malignancies (10 study cohorts, pooled RR 1.86 [1.14–3.03], P = .013, Figure 4), for smoking exposures other than tobacco (6 study cohorts, pooled RR 2.11 [1.01–4.38], P = .046). However, metaregression showed that type of IFD, type of population, and type of smoking product did not significantly influence the association between smoking and IFD (P > .10 for all).

Stratified analysis by methodological variables showed higher pooled RR for the association between smoking and IFD in

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retrospective studies (16 study cohorts, pooled RR 1.93 [1.28– 2.92], P = .02), in case-control studies (15 study cohorts, pooled RR 1.60 [1.15–2.22], P = .005), in studies with multivariate adjustment (10 study cohort, pooled RR 2.15 [1.27–3.64], P = .004), and in most recent studies (18 study cohorts, pooled RR 2.08 [1.37– 3.15], P = .001). Metaregression confirmed that the risk of IFD was higher in retrospective than in prospective studies (P = .04), in studies with multivariate adjustment compared to studies with univariate analysis (P = .06), and in studies published after year 2002 (P = .008); other methodological characteristics did not alter the association between smoking and IFD (P > .10 for all).

Additional Analyses

The funnel plot is represented in Figure 5. Egger test provided evidence of a small study effect (bias 1.94, P = .01). Thus, we undertook a sensitivity analysis using the trim and fill method, which imputes potentially missing studies that cause funnel plot asymmetry. However, the trim and fill algorithm failed to perform study imputation, and the data remained unchanged.

Risk Ratio (95% CI)

0.29 (0.12, 0.74)



 Table 3.
 Risk of IFD for Smokers Compared With Nonsmokers: Stratified

 Analysis With Metaregression

Stratified Analysis	No. of Study Cohorts	Pooled RR (95% Cl)	Metaregression <i>P</i> -value
Target IFD			.49
Molds	6	1.25 (.63–2.47)	
Cryptococcosis	5	.93 (.44–2.00)	
PJP	8	1.08 (.75–1.55)	
Dimorphic fungi	8	1.90 (1.11–3.24)	
Other	5	2.05 (.88–4.75)	
Population			.52
HIV	17	1.21 (.90–1.63)	
Hematology	10	1.86 (1.14–3.03)	
Other population	5	1.36 (.45–4.14)	
Smoking exposure type			.26
Торассо	26	1.29 (.99–1.68)	
Other	6	2.11 (1.01–4.38)	
Timing of exposure			.56
Current smokers	27	1.35 (1.02–1.77)	
Ever smokers	5	1.72 (.88–1.81)	
Study type			.35
Cohort	17	1.25 (.87–1.78)	
Case-control	15	1.60 (1.15–2.22)	
Study design			.04
Prospective	16	1.02 (.78–1.34)	
Retrospective	16	1.93 (1.28–2.92)	
Blinding			.81
No	27	1.39 (1.05–1.85)	
Yes	5	1.42 (.83–2.42)	
Adjustment method			.06
Univariate	22	1.15 (.88–1.51)	
Multivariate	10	2.15 (1.27–3.64)	
Study epoch			.008
Before 2002	14	.95 (.75–1.22)	
After 2002	18	2.08 (1.37–3.15)	
Overall	32	1.41 (1.09–1.81)	

Abbreviations: HIV, human immunodeficiency virus; IFD, invasive fungal disease; PJP, *Pneumocystis jirovecii* pneumonia; RR, risk ratio.

Following risk of bias assessment, 21 study cohorts were judged at low overall risk of bias. Sensitivity analysis showed that the association between smoking and IFD was of lower magnitude and no more significant in low risk of bias studies (RR 1.25 [0.96–1.64], P = .098) (S7 Appendix).

DISCUSSION

Smoking is a major modifiable risk factor for pulmonary, cardiovascular, and infectious morbidity, as well as overall mortality. This systematic review and meta-analysis identified an increased risk of IFD among smokers compared to nonsmokers, with a pooled RR of 1.41 (95% CI 1.09–1.81). Type of IFD, type of population, and type and timing of smoking exposure did not significantly influence the results.

In this systematic review, the risk of IFD was higher for invasive dimorphic fungal disease than for other IFD. These infections typically occur after inhalation of airborne conidia. Many noncomparative studies reported a high percentage of smokers among patients with dimorphic fungal infections. In studies investigating cases of paracoccidioidomycosis, between 50 and 100% of patients were smokers [46, 49–52]. In other dimorphic fungal infections such as histoplasmosis, coccidioidomycosis, and blastomycosis, between 27 and 61% of patients were smokers [53–55], which is much higher than estimates in the general population [54].

Despite evidence supporting a link between smoking and aspergillosis, the risk of invasive mold disease was not significantly increased in smokers, for a pooled RR of 1.25 (0.63–2.47). Many opportunistic molds are also common plant pathogens. Kagen demonstrated the presence of *Aspergillus* in 11 of 12 marijuana samples and showed that spores passed easily through contaminated cigarettes, and most marijuana smokers had precipitins against *Aspergillus* [13]. The association between marijuana smoking and invasive aspergillosis has been reported in several case reports in immunosuppressed patients [56–59] but also in immunocompetent patients [60]. In some cases, authors reported positive fungal cultures of samples of the patient's marijuana or tobacco [56–58].

Similarly, the meta-analysis showed no increased risk of PJP among smokers (1.08, 95% CI .75–1.55; Table 3). All included studies assessed the risk of PJP among people living with HIV, but even though CD4 cell count is an obvious confounder, only 1 study reported an adjusted measure of association. Some studies showed that tobacco and marijuana smoking were associated with a lower increase of CD4 cell count over time [61, 62]. It has also been suggested that cigarette smoking is associated with poor adherence to antiretroviral treatment [63], although this remains controversial [62]. Otherwise, Nieman et al showed that PJP occurred significantly earlier in smokers than in nonsmokers [64].

Although several studies have reported the association between smoking and oral candidiasis, we identified no study assessing the association between smoking and invasive candidiasis.

Smoking acts as a modifier of the immune system through several mechanisms, affecting both innate and adaptive responses, and both humoral and cell-mediated immunity. Immunosuppressive properties of smoke are mainly caused by the particulate phase of smoke. Cigarette smoking is associated with reduced interferon (IFN) response (IFN- β and IFN- γ), reduced antigen-presenting activity, reduced circulating immunoglobulins, reduced T-cell activity, reduced neutrophil activity, and inhibition of inflammatory cytokines [65, 66]. Smoking affects mainly the immune system of the respiratory tract, through altered mucociliary clearance, disruption of the respiratory epithelium, and inhibition of phagocytic and pro-inflammatory activities of alveolar macrophages [66]. Beyond the respiratory tract, smoking also increases the risk of extrapulmonary infections [7].





Figure 3. Stratified analysis by type of invasive fungal disease. Squares indicate risk ratios (RR) from primary studies, with sizes reflecting the statistical weight of the study in random-effects meta-analysis. The horizontal lines indicate 95% confidence intervals. Diamonds represent the summary RR and its 95% Cl. The vertical dashed line is aligned with the summary RR. The vertical dotted line shows the line of no effect (RR = 1). \vec{F} is the variation in RR attributable to heterogeneity rather than chance. Abbreviation: Cl, confidence interval.



Figure 4. Stratified analysis by type of population. Squares indicate risk ratios (RR) from primary studies, with sizes reflecting the statistical weight of the study in randomeffects meta-analysis. The horizontal lines indicate 95% Cls. Diamonds represent the summary RR and its 95% Cl. The vertical dashed line is aligned with the summary RR. The vertical dotted line shows the line of no effect (RR = 1). *I2* is the variation in RR attributable to heterogeneity rather than chance. Abbreviation: Cl, confidence interval.



Otherwise, we identified evidence of more severe IFD in smokers compared to nonsmokers [67–70], with higher mortality rates, especially for PJP [68, 69], but such studies were very heterogeneous and were not in the scope of this review.

LIMITATIONS

The quality of individual studies included in the review was suboptimal and often challenging to evaluate because of poor reporting. Additional analyses suggested that the association between smoking and IFD might be driven by methodological weaknesses such as retrospective design, overall risk of bias, and small study effects. Because of heterogeneous study designs and corresponding association measures, we had to convert ORs into RRs, which potentially led to inflated risk estimates in the meta-analysis. We performed a meta-analysis combining cohort and case-control studies, and crude and adjusted RR estimates, which remains controversial. There was substantial statistical heterogeneity across studies. However, heterogeneity did not decrease in stratified analyses, suggesting that the factors we explored could not explain the observed variability across studies. Furthermore, except for retrospective design, multivariate adjustment, and epoch, metaregression did not identify factors explaining variability in RR across subgroups. A reason could be that, although robust, metaregression often lacks statistical power [71]. Our study did not allow us to explore a doseresponse relationship between smoking and the risk of IFD, or the duration of exposure prior to IFD, because smoking exposure was not clearly measured and most of the time reported in a binary way. Also, because most studies only assessed tobacco smoking, we cannot rule out exposure to other smoking products in some patients, thus leading to potential residual confounding. Poor reporting also hampered the assessment of potential changes in IFD definitions over time (S8 Appendix).

Another limitation is that known risk factors of IFD (eg, prolonged neutropenia and corticosteroid use) were often not precisely measured nor reported in the included studies. There is an urgent need for large and high-quality studies in order to establish whether the association between smoking and IFD is true or artifactual.

CONCLUSIONS

This review and meta-analysis showed an increased risk of IFD among smokers, with a stable association across a variety of clinical subgroups. This provides new evidence supporting the implementation of smoking cessation strategies, including tobacco, marijuana, opium, and crack cocaine, especially in people with HIV and patients with hematological malignancies who are already at higher risk for IFD.

Supplementary Data

Supplementary materials are available at *Clinical Infectious Diseases* online. Consisting of data provided by the authors to benefit the reader, the posted materials are not copyedited and are the sole responsibility of the authors, so questions or comments should be addressed to the corresponding author.

S1 Appendix. Search strategy. 1a. Search strategy in MEDLINE. 1b. Search strategy in Web of Science.

- S2 Appendix. Quality assessment tool for primary studies.
- S3 Appendix. Methods for calculating the odds ratio and its variance.
- S4 Appendix. Studies excluded after full-text evaluation.
- S5 Appendix. Study quality assessment.

S6 Appendix. Forest plots of stratified analyses. 6a. Stratified analysis by type of smoking exposure. 6b. Stratified analysis by timing of smoking exposure. 6c. Stratified analysis by study type: cohort vs. case-control. 6d. Stratified analysis by study design: prospective vs. retrospective. 6e. Stratified analysis by blinding criteria. 6f. Stratified analysis by adjustment method. 6g. Stratified analysis by epoch.

S7 Appendix. Sensitivity analysis: studies with low overall risk of bias.

S8 Appendix. Detailed diagnostic criteria for IFD across included studies.

Notes

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Potential conflicts of interest. The authors: No reported conflicts of interest. All authors have submitted the ICMJE Form for Disclosure of Potential Conflicts of Interest. Conflicts that the editors consider relevant to the content of the manuscript have been disclosed.

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